

SANDYWOOD INSTITUTE

PROFESSIONAL DEVELOPMENT



COURSE SYLLABUS

Playground Safety | 2.0 In-Service Training Hours

Instructor: Tambra Newton

Provider: Sandywood Institute | Education partner: NAHCE

Audience: Family child care and center-based educators, assistants, substitutes, and program leaders. Delivery: Instructor-led, in person or live virtual. Prerequisites: None.

Course description

A practical course on preventing playground injuries through age-appropriate equipment choices, hazard identification, protective surfacing, active supervision, safe transitions, and documented corrective actions. Participants practice decisions using fictional scenarios and playground plans.

Learning objectives

1. Identify playground hazards and document an immediate protective action and correction.
2. Select equipment and play opportunities using labels, child abilities, and support needs.
3. Explain how surfacing documentation and equipment fall height guide safety decisions.
4. Develop a supervision plan with adult positions, clear handoffs, and name-to-face checks.
5. Adapt supervision for mobility, communication, sensory needs, and wandering concerns.
6. Prepare one improvement action with a responsible person and review date.

Learning methods and materials

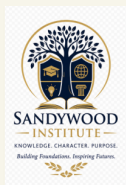
Brief instruction, guided discussion, scenario role-play, hazard review, supervision mapping, transition practice, and a five-question knowledge check. Materials: course slides, participant worksheets, writing supplies, playground sketch, child name cards, and available equipment/surfacing documentation.

Participant preparation

Bring a question about outdoor supervision and, if available, a sketch of your play area. Use fictional examples without identifying children. Hazard reviews take place on drawings or empty play areas.

In Education Partnership with NAHCE

National Alliance for Home-Based and Center-Based Educators



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SCHEDULE & COMPLETION

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Instructional schedule — 120 minutes

0–10 min	Welcome, objectives, and opening reflection
10–20 min	In-service hours, participation, and records
20–35 min	Age-appropriate equipment and individual readiness
35–50 min	Climber scenario: assistance and group coverage
50–65 min	Before-play hazard check and correction record
65–80 min	Busy play area: safe routes and adult handoffs
80–95 min	Supervision map and individual support adaptations
95–105 min	Transitions, interruptions, and name-to-face checks
105–115 min	Knowledge check and corrective feedback
115–120 min	Action plan, participant feedback, and completion review

Breaks are additional and do not count toward the 120 instructional minutes.

Completion and assessment

Complete 120 instructional minutes, participate in all course activities, and earn at least 4 of 5 correct answers (80%). The passing score is Sandywood course policy. The instructor provides corrective feedback and documented reassessment when needed. Additional reassessment time is recorded. Award only hours actually completed.

Accountability and records

Retain the syllabus, attendance with start/end times and breaks, participant activities, quiz and reassessment results, evaluation, instructor completion record, and certificate copy. Keep participant records confidential. Recommended Sandywood retention: at least three years, subject to any longer applicable requirement.

Credit and reference materials

Certificate wording: 2.0 In-Service Training Hours. This course does not represent DCF approval or CEU accreditation. Confirm licensing acceptance with the appropriate authority. Reference materials: CPSC Public Playground Safety Handbook; equipment and surfacing manufacturer documents; applicable Florida child care handbooks; Sandywood Playground Safety course materials.

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